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SOCCER INTER-ACTION

SIA ACADEMY FOR PLAYERS

Introduction

At **SOCCER INTER-ACTION** we relate to the passion and desire of aspiring soccer players and we know how to help them accomplishing their dream of becoming a successful soccer player.

Our vision is to “Educate through Soccer”. We aim to assist aspiring players in their development and to help them becoming well-rounded people. Our programs are tailored to meet all the requirements of an elite environment and we offer a clear pathway to professional soccer through our “SIA Academy for players”.

Our Goal

SIA Academy for players is a successful program, focused on preparing athletes to perform at the highest level but we believe that we can only become really successful if we live by strong values. Work ethics, perseverance, generosity and passion are deeply embedded in our culture and we want to instill that mentality in all our academy graduates.

We want to nurture our athletes and prepare them for the demands of a professional soccer career but we want to ensure that they will be ready for the challenges of life.

Items List

➤ SIA ACADEMY FOR PLAYERS AREAS

Technical, Academic and Sports Medicine

➤ SIA ACADEMY SERVICES

Accommodation in SIA Center and services included

➤ SIA ACADEMY ADMISION

Enrollment process

3 KEY AREAS

SIA Academy for players seeks individual optimization



TECHNICAL
AREA



ACADEMIC
AREA



SPORT MEDICINE
AREA

1. Technical Area

Technical staff focuses on player's development by providing them with competitive and challenging environments. Through a thorough analysis of both team dynamics and player performance we are able to develop a specific program to all of our athletes. We are specialized on developing the tools that will enable our players to solve game related problems.





High-Performance Program

SIA Academy's program is unique and tailored to each player's needs.

The program addresses to the demands of high-performance soccer and includes:

- Team training
- Individual training
- Injury prevention
- Competition
- Tactical analysis (Team and Individual)
- Player monitoring and assessment



Training

The weekly plan is tailored by our technical staff and it's designed to fit each player's daily needs.

It consists of team training sessions (approx. 6 hours per week) and individual training sessions (approx. 8 hours per week). Other activities will include weekly meetings with our sports psychologist, nutritionist, school tutor and match analyst.

Our holistic approach ensures that no detail is left behind.



Competition

The main goal is to have our players in peak condition and 100% prepared for the following match. We keep a record on several indicators that allow us to determine how the player is feeling and to adjust our training sessions accordingly.

We believe that to promote development we need to challenge our players. Therefore, our athletes are sent on trials to top clubs in a regular basis. Additionally, we provide them with game time every week by playing against other teams.

This system allow us to have a clear idea of our player's strengths and weaknesses enabling us to do a proper periodization of the technical, tactical and physical contents.

Player Analysis

SIA Academy uses the most advanced software to analyze our player's performance.

By providing our players with media content we allow them to identify the game scenarios that we address during the training sessions, leading to a better understanding of the game and their roles.

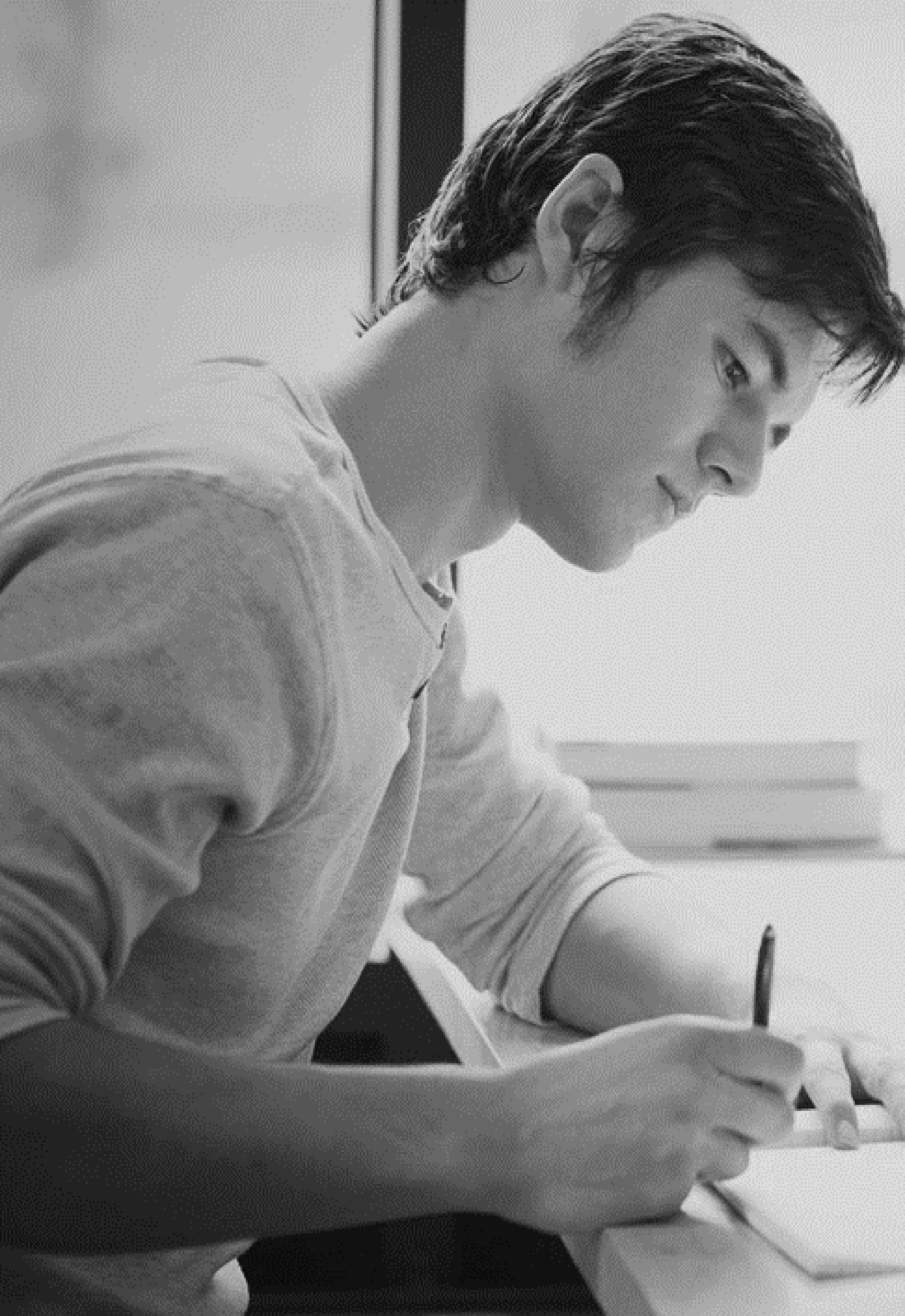
A comprehensive analysis will lead to more intelligent players and allows our technical staff to monitor their development more accurately.



2. Academic Area

SIA Academy aims to develop well-rounded people. We encourage our players to seek excellence in both soccer and academics and we provide the perfect environment for them to reach those goals.





Tutors

All students in our program are supported and tutored by expert teachers allowing them to pursue their studies throughout their stay.

Students are required to continue their academic education throughout the program. They can either do it through the online platforms provided by the Education Institutes in their home country or through one of the Education Organizations that we partner with in Spain. Our Education Department has agreements with several educational institutions allowing our students to have a schedule compatible with the demands of high performance soccer.

The player's academic performance is supervised by our teachers and we maintain direct contact with the respective academic institution.

SAT Preparation

SIA Academy is prepared to help our players with the process of applying to scholarships in United States College System.

The SAT exam is an academic assessment required by most Universities in United States and its considered a key factor in any admission. SIA Academy offers a SAT preparation program in line with the highest standards.

*SAT preparation has an additional cost



Academic Supervision

SIA Academy's staff cooperates in order to ensure that our athletes are not disregarding their academic development.

Sports, education and technology are used as a vehicle to instill healthy habits and strong values, ensuring the motivation and perseverance required to become a successful student-athlete.

Parents are given weekly reports detailing the player's academic performance during their stay at SIA Academy.

Learning Spanish/English

At SIA headquarters students can learn Spanish or English and obtain official diplomas.*

Soccer Inter-Action is an international project where players train, compete and live with fellow aspiring soccer players from all around the world.

The program includes a language course for each player.

*English for non-native English speakers and Spanish for non-native Spanish speakers.

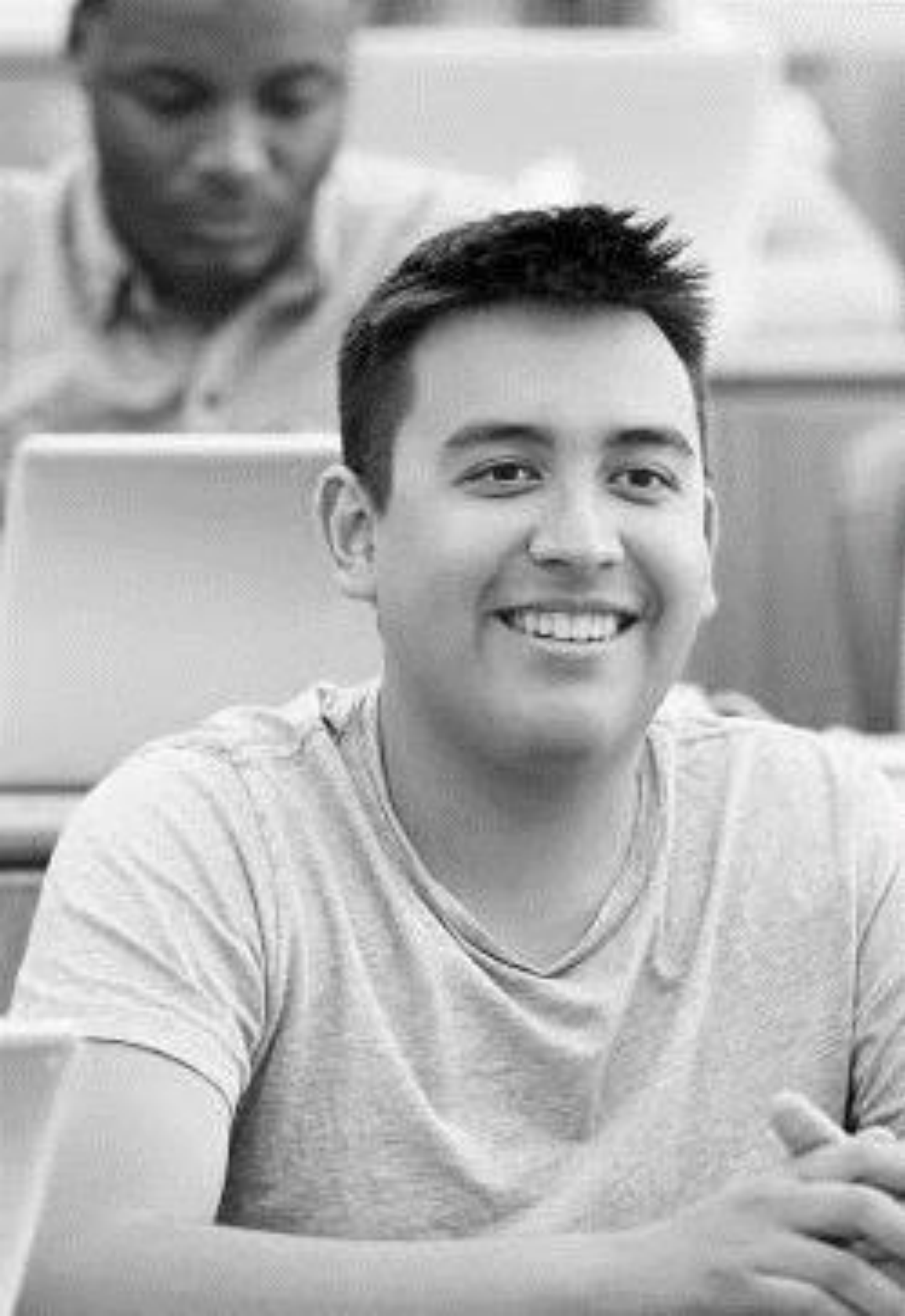
**The fees for official examinations are not included in the program cost and depends on the level of proficiency the student wishes to reach.

Learning to Communicate

SIA Academy for Players provides workshops on Communication and Leadership.

Communication is a very important skill in today's social landscape and allow us to build life-lasting interpersonal relationships.

Players are encouraged to be well-mannered and self-confident individuals regardless of the environment that they are exposed to.



Other Courses

As extracurricular activities SIA provides our athletes with the following courses:

- Soccer Coach*
- Sports Nutrition*
- Sports app development
- Software for coaches
- Sports management for beginners

All courses have an additional cost and a specific schedule.

*Courses are certified by regulatory authority

Other courses are not certified and students earn a SIA diploma.

3. Sport Medicine Area

The Sports Medicine Department provides health care assistance to all our players and staff. Within our medical staff we have a sports nutritionist, sports psychologist, injuries prevention specialist, physiotherapist and medical doctor of orthopedics.





Medical Services

SIA Center has an onsite Sports Clinic for players with basic needs.

Upon arrival, a player undergoes a medical assessment and a specific health plan is designed based on the player's condition. Follow-up medical tests are provided based on each player development and length of their stay.

Even though players go through a medical assessment and technical staff thoroughly monitors loads and performances, high-performance soccer practice can still present the risk of injuries or muscle aches. For this reason, managing injuries and physical rehabilitation are vital to our program.*

*All players must obtain a private medical insurance with European coverage.

Nutritional Monitoring

Professional Soccer is a very challenging environment. That's why our nutritionists are experienced in designing diets in line with the demands of high performance environments.

Our Plan is based on the newest scientific researches and assures that all the athletes have access to the proper nutrients and energy, promoting a healthy lifestyle and allowing our players to consistently perform at the highest level.

The Academy's nutritional program includes:

- Assessment.
- Guidance.
- Nutrition plans that promote high performance and injury prevention.
- Diet menus offering top quality products.
- Hydration control before, during and after sports activities.



Psychology

Mental strength and leadership are key skills in today's world. SIA Academy runs a comprehensive and holistic player development program and seeks to improve all mental aspects of our athletes.

Our sports psychologists works alongside SIA technical staff on the following points:

- Complex variables (stress, anxiety control, resilience).
- Basic variables (confidence, concentration, attention, focus, and activation).
- Inherent motivation: player is guided and encouraged to establish his own goals.
- Leadership sessions aimed to identify and develop player's mental skills.

Other Services

SERVICIOS INCLUDED

- **SIA Academy Clothing Kit:** Each player receives a high-performance soccer practice kit.
- **Transportation:** Players are provided transportation to SIA Academy from Valencia and Alicante airports.
- **Management of student expenses**

ADICIONAL SERVICES

Not Included:

- Off-site extracurricular activities
- Off-site tournaments
- Management of off-site trips and trials

Enrollment to the Program

Player: SIA Academy will allow you to reach your full potential. We always seek a comprehensive understanding of our candidate's needs. If you have a technical assessment from your current coach, a personal motivation letter or highlights please send it to us. That will allow us to design the best pathway for you to reach professional soccer

Calendar: SIA Academy allows you to enroll at anytime

Length: The program is designed to last at least three months. Which takes into account player development, player integration and trials. The program length can vary in order to meet the player's needs but changes will, most likely, affect the structure of the program. If you are looking for a shorter experience please enquire us regarding "Clinics for Players" and we'll tailor the perfect experience for you.

Gender: SIA Academy welcomes aspiring soccer players from all genders. We accommodate players based on their motivation to join the program.

Enrolment is complete upon payment of first tuition.

Reach Your Full Potential

COMPLETE THE FORM FOR ADDITIONAL INFORMATION AND PRICING:

www.soccerinteraction.com