



**SOCCER INTER-ACTION**

**SIA Academy for coaches**



# Introduction to the program

SIA Academy for coaches is a long-term international program designed for all those young people from all over the world who want to come to our SIA Center (Spain) facilities to learn how to be a professional coach.

The Academy offers the possibility of obtaining official certificates to train all around the world.

Through our SIA International Project, young people from all over the world contact us to become a coach. From SIA we inform you of the different options and we offer our own program for coaches "SIA Academy for coaches" that we imparted in our SIA Center in Spain.

## The objective

Nowadays football is recognized as a complex sport that requires professional people to lead the training.

The objective of our Academy is to be able to offer our students for coaches the theoretical and practical part to become a soccer coach through our SIA methodology.

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Education through soccer

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Level 1 – Level 2 – Level 3

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Admission process

# 3 Levels , Academy for Coaches

Get your certification in SIA Academy

## LEVEL 1

### BASIC LEVEL

Enable coaches to learn basic coaching rules and principles of football. Depending of the country is for coaching youth and amateurs teams.

## LEVEL 2

### MEDIUM LEVEL

This level qualify the coaches to deepen understanding of how to manage a soccer team. It has a tactical and technical vision. It also analyzes the psychological and nutritional part of the players.

## LEVEL 3

### PROFESSIONAL LEVEL

This level is the one that empowers the student in a complete way for his professional career in soccer. It is the equivalent of the UEFA PRO license. After this course is prepared to train any team in the world

# Technical sports course (Level 1)

With this basic level you can usually train up to junior teams and senior teams.

**HOURS:** Theory and practical lessons

**REQUIREMENTS:**

- To have basic studies of your country until the 16 years old.
- Pass the specific physical test that you will perform with the SIA Academy





# Blocks Level 1

## Common block

A common block that will be integrated with transversal modules, which consist of scientific and technical teaching in general.

- This matches and is mandatory for all sports modes and specialties.
- Anatomical and physiological bases
- Psychopedagogical bases of teaching
- Sports training
- Sociological foundations of sport
- Organization and legislation of sport
- First aid and hygiene in sport

## Specific block

A specific block that will contain the modules for sports training consisting of scientific and technical teaching for football specialties.

- Professional development
- Team management
- Methodology of teaching and training
- Physical training
- Rules of the game
- Sport safety
- Tactics and gaming systems
- Individual and collective technique

## Complementary block

A complementary block, which will help you achieve instructional goals using technological resources and exploring variations in social demand.

- Soccer terminology
- Word processor
- Disabled

## Practical block

A practical training block with us to obtain the degree.

# Technical sports course (Level 2)

With this level the coach can train youth teams and other categories. Also could train female teams in almost all the categories.

**HOURS:** Theory and practical lessons

**REQUIREMENTS:**

- To have basic studies of your country until the 16 years old.
- To have pass the 1º technical sports course or have it homologate





# Blocks Level 2

## Common block

A common block that will be integrated with transversal modules, which consists of scientific and technical teaching in general.

This matches and is mandatory for all sports modes and specialties

- Anatomical and physiological bases of sport II
- Psychopedagogical bases of teaching and training II
- Sports Training II
- Theory and sociology of sport
- Organization and legislation of sport II

## Specific block

The specific Block will contain the modules of sports training that consists of the scientific and technical teaching for the soccer specialties.

- Professional development II
- Team management II
- Methodology of teaching and training of football II
- Physical preparation II
- Rules of the game II
- Tactics and game systems II
- Individual and collective technique II

## Complementary block

A complementary block, which will help you achieve instructional goals using technological resources and exploring variations in social demand

- Soccer terminology
- Database

## Practical block

A practical training block with us to obtain the degree.



# Technical sports course (Level 3)

With this highest level the graduates could train any category in male and female teams, as well as any type of national and regional selection around the world. It enables you to start university studies for sports in many countries.

**HOURS:** Theory and practical lessons

## **REQUIREMENTS**

- To have passed Level 1 and Level 2 of a technical course or to have them homologated.
- To accredit experience as a trainer through a federation certificate of 1 season in any category.



## Blocks Level 3

### Common block

A common block that will be integrated with transversal modules, which consists of scientific and technical teaching in general.

- This matches and is mandatory for all sports modes and specialties.
- Sports Biomechanics
- High performance sports training
- Exercise physiology
- Sport management.
- Psychology of high performance sports
- Sociology of high performance sport

### Specific block

A specific block that will contain the modules for sports training consisting of scientific and technical teaching for football specialties.

- Professional development III
- Team management III
- Methodology of football teaching / training III
- Physical preparation III
- Game Rules III
- Sports safety III
- Tactics and game systems III
- Individual and collective technique III

### Complementary block

A complementary block, which will help you achieve instructional goals using technological resources and exploring variations in social demand.

- Technical English
- Multimedia

### Practical block

A practical training block with us to obtain the degree.

### Final Project

For this level the student must carry out a final project



# Coaching practices with us

With us you could perform the practices

## OUR CLUB

In the center of Spain we have our own football club that competes at a non-professional level in the local league.

This club is a collaboration with the international club FC Porto for the training to young people and to search football talent. It is the perfect opportunity to practice the Academy for coaches



[www.dragonforcevalencia.org](http://www.dragonforcevalencia.org)



## OUR ACADEMY FOR PLAYERS

At the SIA Center in Spain we have also our own academy for players and goalkeepers.

The students from the academy for coaches will coexist with the other students of the other programs.

And they will also help the technical area of the academy as part of their practices. A unique opportunity.



# SIA CENTER

SIA Center is a high-performance residential center for soccer players, coaches and teams.

SIA Center is located in Valencia (SPAIN)

[Google Maps](#)

We boast having the most modern and exclusive facilities to educate and enjoy Soccer.

**SIO** SOCCER INTER-ACTION  
excellence sports center





# SIA Center – All in One facilities

Students living in SIA Center can enjoy large and modern double rooms with their own bathroom and shower, closet, wardrobes, Wi-Fi connection, air conditioned and heating. The SIA Center students will be under watch all day long. The residence's accommodation is divided in separate areas according to age and gender.







## SIA Center for Soccer

Services included in SIA Center:

- 1 Natural grass field with FIFA official measures for international competitions
- 1 Small natural grass field for technification and training for goalkeepers
- 1 Artificial grass field 11 aside field adaptable to 8 aside field. 3G synthetic surface technology fields
- 7 Changing Rooms arranged on two floors with areas reserved for womens
- Medical clinic for measurements and treatments
- Physical theraphy room
- Massage tables



## SIA Center Accommodation

Services included in SIA Center:

Double bedroom; Meals (breakfast, snack, lunch, afternoon snack, and dinner under nutritionist supervision)

Access to the Break Room (amenities include a TV, game console, billiards table, mini-soccer table, ping pong and other recreational games)

Laundry service

Access to Wi-Fi Internet

Study and video analysis classroom

Gym and Pool\*

**\*ASK FOR DETAILS OR A VISIT TO SIA CENTER**





# Other Services

## SERVICIOS INCLUDED

- **SIA Academy Clothing Kit.** Each coach receives his kit for the coaching practices
- **Transport:** Pick up and transfer of players from the airports of Valencia an Alicante to SIA Center

## ADICIONAL SERVICES

- **Extra Activities** outside SIA Center.
- **Other Courses:** In SIA Academy we offer additional courses for our students (languages, learn to communicate... etc). You could also sign up for this courses.



# Enrollment to the Program

**The Coach:** SIA Academy for coaches is the perfect program for those who want a career in football and get the highest certificate. We welcome people from all around the world. The only thing we ask for is attitude and desire to learn

**Calendar:** The advantage of SIA Academy for coaches is that it has no fixed calendar, students can ask to join our program at any time they want. So long as the enrollment process has been completed appropriately.

**Duration:** There is no exact duration. Depends on the levels that the student wishes to study, if the practices will be perform during the program .... Etc.

**Age and gender:** Here in SIA Academy for coaches we are flexible with regards to age and gender. The student must state in the motivational letter their reasons why they wish to be part of the program.

**The enrollment** is complete when the first tuition payment is made.



# The way to become a professional

FILL IN THE FORM FOR MORE INFORMATION AND PRICES FOR SIA ACADEMY:

[WWW.soccerinteraction.com](http://WWW.soccerinteraction.com)