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SOCCER INTER-ACTION

SIA Academy for Goalkeepers

Introduction to the Program

At **SOCCER INTER-ACTION** we understand a young player's desire to build a career in soccer. We can help them accomplish that dream.

Through our SIA International Project, young players and parents from around the world can contact us for consultation on how to meet their objectives.

Our purpose is to "Educate through Soccer". We aim to assist player development by presenting multiple options, as well as our own program, "SIA Academy for players" at our SIA Center in Spain.

The objective

SIA Academy for players is a successful program, focused on the development of soccer players in high-performance contexts, with human values and bright academic accomplishments.

We aim for our players to conclude SIA Academy with heightened opportunity to achieve their dreams and be recruited by professional clubs and top United States universities.

Most importantly, we aim to EDUCATE players in the way of EXCELLENCE as persons and professionals. Upon a career's conclusion, SIA Academy alumni can seek positions of responsibility in universities, clubs, companies, institutions or social groups, as high-performance individuals reinforced by the values and education acquired from our program.

Items List

Reach your soccer potential

➤ SIA ACADEMY FOR PLAYERS AREAS

Technical, Academic and Sports Medicine

➤ SIA ACADEMY SERVICES

Accommodation in SIA Center and services included

➤ SIA ACADEMY ADMISION

Enrollment process

3 AREAS Academy

Areas of SIA Academy where players optimize individual and team performance with high level competition



TECHNICAL
AREA



ACADEMIC
AREA



SPORT MEDICINE
AREA

1. Technical Area

The goalkeeper's importance in the development of modern football is evident. The role has evolved to include more complex participation throughout the game, with today's goalkeeper no longer a separate entity, but instead a fully involved and active participant within overall team play.





High-Performance Program

SIA Academy's program is unique and tailored to each player's needs.

The program is tailored to each team's model of play and the demands of high-level competition.

The player's program includes:

- Team training
- Individualized training
- Injury prevention and recovery
- Competition
- Tactical analysis and game intelligence
- Player monitoring and assessment



The Training

Our goalkeepers' elite training program is organized in:

- Team training: building organizational dynamics throughout the team.
- Goalkeeper training: improving skills among fellow goalkeepers throughout the squad (of the same age and level of performance).
- Individualized training: personal skill development with emphasis on the unique abilities of the goalkeeper to sustain continuous progress.

The guidance of our goalkeeping coaches, enhanced by special coaching sessions throughout the program, cultivates individual advancement and development of a young goalkeeper's unique skillset.

The training objectives serve to refine a goalkeeper who executes effectively in high-performance, real competition situations.



The Competition

In a match, goalkeeper interventions are rapid and decisive. Effective saves depend on the optimum combination of positioning, anticipation and technical skill.

However, the game has evolved to a new dimension where the goalkeeper also plays as a sweeper. He interacts with teammates whether defending or attacking, closing spaces, anticipating opponent movements or building an attack from the back and contributes to ball possession organization and dynamics.

Player analysis

The information our technical team obtains through observation, analysis, and match evaluation is used to prepare the next training cycle and dictates the direction of our work.

With this, we determine the resources necessary to assist the goalkeeper's advancement. An individual approach for each goalkeeper is necessary.

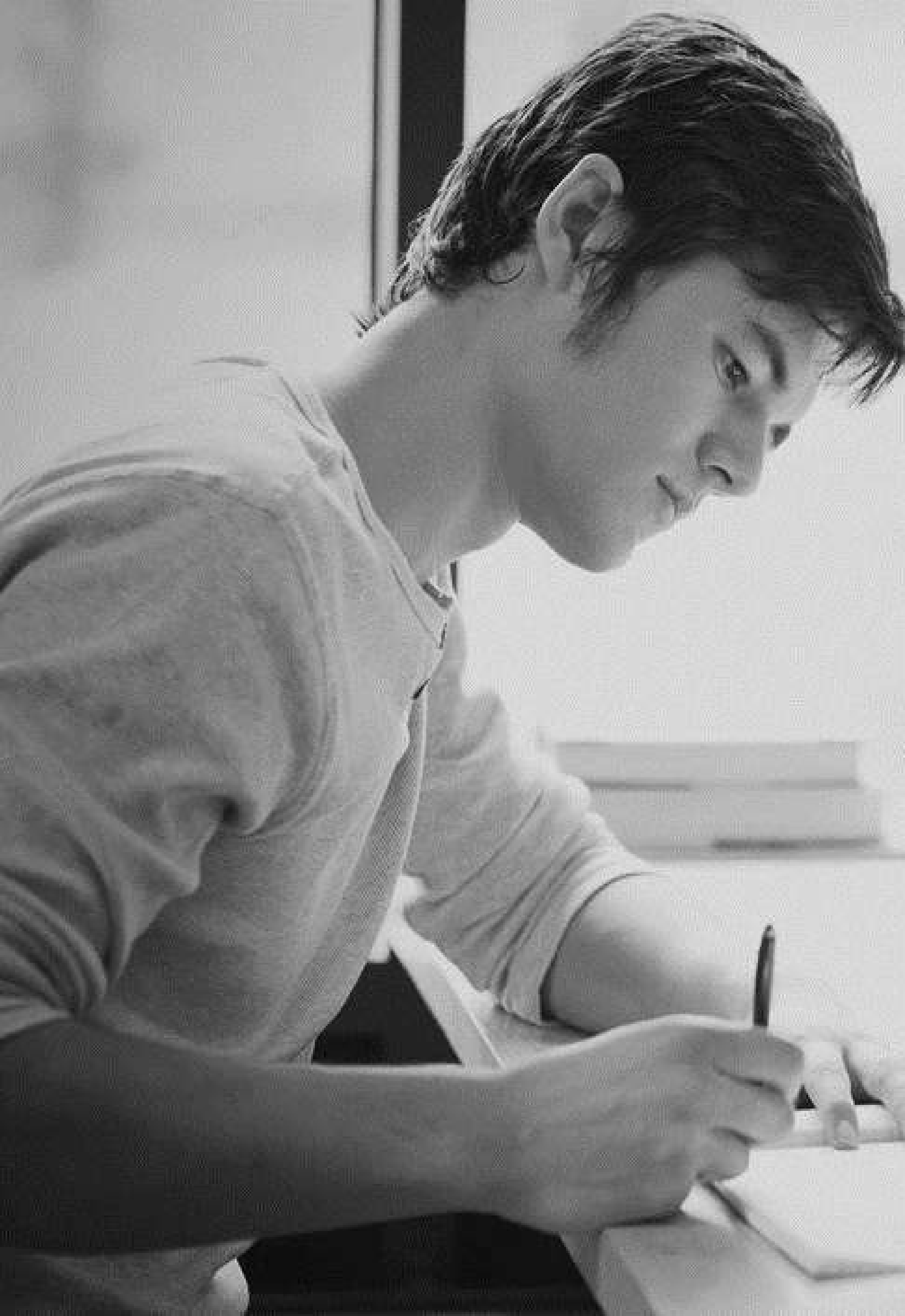
A goalkeeper must consistently improve his or her performance. Our direct observation and analysis are the decisive force in satisfying this progression.



2. Academic Area

SIA Academy supports the player's' studies to successfully combine soccer development with academics. Our goal is to educate through soccer.





Academic counselling

SIA Academy is aware of the importance of a player's academic studies. For this reason, all students in our program are supported and tutored by expert teachers so that they continue their studies throughout their stay.

Students are required to continue their academic education throughout the program. The majority do so online with High Schools or Colleges in their home country.

A player's academic progress is supervised by a staff member who maintains contact with the respective academic institution.

Our Academic area has agreements with several educational institutions where students can continue their studies and validate them in their home countries afterward.

The program is flexible so that students both grow as players and maintain strong academic performance.



SAT Preparation

SIA Academy offers the possibility for players to prepare their academic and sports curriculum to compete for scholarships at United States universities.

Our Academic area supports players in seeking and selecting universities that offer soccer scholarships for international students.

The SAT exam is an academic assessment that most United States universities use as a determining factor in admissions. SIA Academy offers SAT preparation on par with private institutions in the United States.

*SAT preparation has an additional cost in the SIA for Players program



Academic supervisor

SIA Academy's dedicated teachers coordinate with technical staff to supervise each student's academic development.

Sports, education, and technology are used to instill healthy habits and high values, ensuring the motivation, effort, and perseverance that combines studies and soccer at the highest level.

Bi-weekly reports for parents detail the player's academic life during the stay.

Learning Spanish/English

At SIA headquarters, located in Spain, students can learn Spanish or English* through lessons and exams to obtain official language certification.**

Soccer Inter-Action is an international project where players train, compete and live with counterparts from around the world, thus experiencing each other's languages and cultures.

The program includes a language course for each player.

*English for non-native English speakers and Spanish for non-native Spanish speakers.

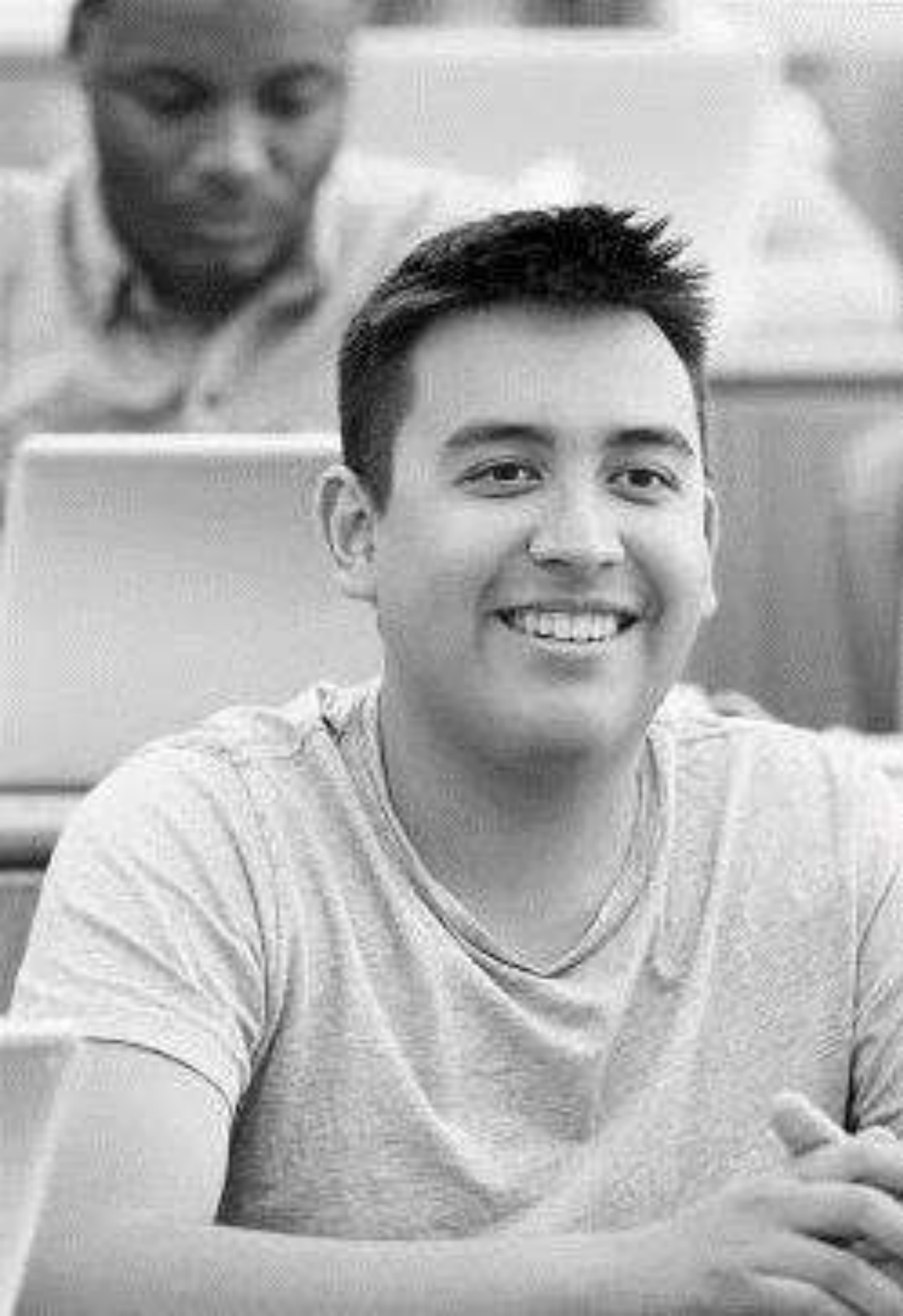
**The fees for official examinations are not included in the program cost and will depend on the level of proficiency the student wishes to take.

Learning to communicate

SIA Academy for players provides Verbal Communication and Leadership sessions.

Communication is fundamental in interpersonal relationships. Therefore, our players learn and practice making public presentations and exhibitions.

Beyond the educational benefits, players are developed to conduct themselves as distinguished individuals when interacting with media and confronted with public pressure.



Additional skill courses

As an extracurricular activity, every year SIA offers a calendar of additional courses for all students:

- Soccer Coach Course*
- Sports Nutrition Course*
- Sports app development course
- Software for coaches course
- Sports management for beginners course
- Etc...

All courses have an additional cost and a specific calendar that depends on the number of enrolled students.

*Courses regulated with official certification

Other courses are not regulated and students earn an SIA diploma.

3. Sport Medicine Area

The Sports Medicine area provides health care assistance to our players and staff. Composed of specialists, it supports our technical area on sports nutrition, psychology, injuries prevention, and rehabilitation.





Medical services

SIA Center has an onsite, Sports Clinic for players for basic needs.

Upon arrival, a player undergoes a medical evaluation. A specific health plan is developed based on the player's condition and program of study.

Follow-up medical tests are provided based on each player and the duration of their program. Managing injuries and physical rehabilitation are vital to our program.* Our sports clinic provides individualized follow-ups to manage a player's recovery.

High-performance soccer practice can present the risk of injuries or muscle aches. For this reason, we personalize player support so they are best conditioned for competition.

*All players must obtain a private medical insurance with European coverage.

Nutritional monitoring

Modern soccer has greater demands than ever. For this reason, our nutritionists believe in a specialized diet that promotes adaptation to the training stimulus.

Our Nutritional Plan offers the proper nutrients and energy to maintain health and achieve consistently high performance. Not only is it based on the newest scientific research, but our nutritionists educate players with healthy diet workshops.

The Academy's nutritional program includes:

- Evaluating the nutritional and anthropometric state of each student.
- Guidance on each player's needs.
- Nutrition plans that promote high performance and injury prevention.
- Diet menus offering top quality products.
- Hydration control before, during and after sports activities.
- Advisement on supplementation and ergogenics.



Psychological tracking

Mental strength and leadership are fundamental to overcoming adversity. SIA Academy works on a comprehensive and systemic player development model to improve all mental aspects from a psychological point of view.

Our sports psychologists work with SIA technical staff on the following points:

- Complex sports variables (stress inoculation, anxiety control, resilience).
- Basic sports variables (confidence, concentration, attention, focus, and activation).
- Inherent motivation; the player is helped to establish his own goals.
- Leadership sessions aimed to identify and develop player's mental skills.

SIA CENTER

SIA Center is a high-performance residential center for soccer players, coaches and teams.

SIA Center is located in Valencia (SPAIN)

[Google Maps](#)

We boast having the most modern and exclusive facilities for educating and enjoying Soccer.

SIO SOCCER INTER-ACTION
excellence sports center



SIA Center – All in One facilities

Students living in SIA Center can enjoy large, modern double rooms with individual bathrooms and showers, closet, wardrobe, Wi-Fi connection, air conditioning and heating. SIA Center students remain under supervision, with residential accommodation areas divided according to age and gender.





SIA Center for Soccer

Facilities at SIA Center for Soccer:

- 1 Natural grass field with FIFA official measures for international competitions
- 1 Small natural grass field for goalkeeper technification and training
- 1 Artificial grass field 11 aside field adaptable which can be converted to two 8 aside field. 3G synthetic surface technology fields
- 7 Changing Rooms arranged on two floors which include areas reserved for women
- Medical clinic for evaluations and treatments
- Physical therapy room
- Massage Tables

SIA Center Accommodation

Facilities at SIA Center Accommodation:

Double bedroom; Meals (breakfast, snack, lunch, afternoon snack, and dinner under nutritionist supervision)

Breakroom access (amenities include a TV, game console, billiards table, mini-soccer table, ping pong and other recreational games)

Laundry service

Access to Wi-Fi Internet

Study and video analysis classroom

Gym and Pool*

***ASK FOR DETAILS OR A VISIT TO SIA CENTER**



Other Services

SERVICIOS INCLUDED

- **SIA Academy Clothing Kit:** Each player receives a high-performance soccer practice kit.
- **Transportation:** Players are provided transportation to SIA Academy from Valencia and Alicante airports.
- **Administration of student expenses**

ADICIONAL SERVICES

Are excluded:

- Off-site extracurricular activities
- Off-site tournaments
- Management of off-site trips and trials

Enrollment to the Program

Player: SIA Academy is the destination where players can achieve their full potential. We want to understand interested players, which is why we ask for a technical report from your coach, a personal motivation letter and, if possible, a game highlight video.

Calendar: The SIA Academy advantage is the revolving calendar that allows players to join anytime once the enrollment process is complete.

Duration: The program is designed to last at least three months, which takes into account athletic development, enrollment fees and player integration in different areas. However, the program duration is flexible to meet player needs. Players wishing to begin a high-performance short program can inquire with our "SIA Clinic for players."

Age and gender: SIA Academy is amenable regarding age and gender. We accommodate players based on their motivation and reasoning for wanting to join the program.

Enrolment is complete upon making the first tuition payment.

The way to become a professional

COMPLETE THE FORM FOR ADDITIONAL INFORMATION AND PRICING:

WWW.soccerinteraction.com